

ENERGY SAVING

Checklist

TIPS FOR *Warmer Months*

- Clean or change AC filters once a month
- Switch out your light bulbs
- Use a portable fan to blow cooler air toward your face or feet.
- Don't forget to turn your ceiling fan off when you leave the room
- Wait to do heat producing tasks like baking, using the dishwasher and doing the laundry until cooler hours like late afternoons and evenings.
- Open your windows to let in the cooler air at night. Close your blinds or curtains during the day to keep sunlight from heating up the air inside your house.
- Hang out in the basement or lowest floor in your home.
- Use a programmable thermostat
- Keep air vents clear
- Avoid using the oven because it can turn your house into an oven
- Make sure cracks and gaps around doors and windows are sealed
- Plant trees.

TIPS FOR *Colder Months*

- Seal air leaks
- Add extra insulation in your attic
- Make sure you have adequate venting in your attic, including ridge and soffit vents
- Pin point the areas that have heat loss then head to your attic and check for ways you can air seal or insulate in those areas.
- Use plastic shrink wrap to cover drafty windows.
- Switch to LED holiday lights.

For more information on these tips, please visit
www.itisakeeper.com.