

# WINTER ENERGY SAVINGS

## Checklist

### *In every room:*

- Install programmable thermostat; program lower temps when room is not in use
- Install foam socket sealers
- Use window insulation kit on all non-energy efficient windows
- Seal air leaks with spray foam insulation, caulk or weather stripping
- Check for air leaks on exterior doors and use draft sealer if necessary
- Use insulated curtains or blinds
- Switch to LED lights
- Use a Kill A Watt meter to assess energy efficiency of appliances/electronics
- Use a smart power strips to eliminate standby energy usage

### *Living areas:*

- Close flue on fireplace(s) and install a chimney balloon if necessary

### *Kitchen:*

- Fix air leaks around exhaust hood
- Use residual heat

### *Bathrooms:*

- Use a small space heater rather than turning up your thermostat

### *Bedrooms:*

- Remove window air conditioners

### *Attic:*

- Seal air leaks with spray foam insulation, caulk
- Check for adequate insulation
- Make sure you have adequate venting
- Insulate your attic door

### *Basement:*

- Make sure rim joists are insulated
- Seal your sill plate
- Check your furnace filter